

# Rotary Club of East Davao

Club No. 17115 District 3860, Davao City, Philippines

## 17<sup>th</sup> REGULAR WEEKLY MEETING

November 5, 2019, Marco Polo Hotel Davao

### PROGRAMME

**Call to Order**

**PRES. PATRICK CAPILI**

**Turnover of Proceedings to the Master of Ceremonies**

**PP FRED YELINEK**

**Pambansang Awit and Invocation**

**RTN. ESTHER DE JESUS**

**Introduction of Visiting Rotarians and Guests**

**PP VIR SOJOR**

**Community Singing**

**ROTARY SPOUSES**

**Secretary's Time**

**SEC. DARWIN SANTOS**

**President's Time**

**PRES. PATRICK CAPILI**

**Introduction of Guest Speaker**

**VP JIM SABINO**

**Speech**

**MS. CHARLOTTE BUCOL PARBA**

Head, Traffic Education, City Transport and Traffic Mgt. Office

**Open Forum**

**Response**

**Giving of Certificate of Appreciation  
Adjournment..... PRES. PATRICK CAPILI**

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@Rotaryclubofeastdavao/

### INVOCATION

Lord of the Universe, this is a time in our year when many of us turn our attention to the spiritual side of our lives, when we consider what light we will follow . . .

Help us to understand that no matter what name it is given and in what language it is expressed, that philosophy called The Golden Rule is indeed the most true guidepost by which we should mark the trails of our existence here . . .

We pray that you continue to bless the work that we as Rotarians, from many nations and of many faiths, do to help those less fortunate, for we believe that one manifestation of this Golden Rule is in our Rotary motto, Service Above Self. AMEN

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### MAKE UP CARD

\_\_\_\_\_  
*Name of Rotarian*

\_\_\_\_\_  
*Club & Position*

\_\_\_\_\_  
*Make-up Date / Time:*

*Attested by:*

  
SEC. DARWIN T. SANTOS



# President's Corner

**PRES. PATRICK S. CAPILI**  
Club President, RY 2019-2020



It has not been an easy month or so for Mindanaoans particularly North Cotabato and Davao areas. The devastation brought about by the very recent strong earthquakes serves as a wake up call for all of us. Natural calamities and disasters can happen at any time. Within hours of the recent major tremors, our club including other clubs in Davao city decided to setup a major relief operations activity. Tons and tons of donated goods came quickly and the response for more help is pouring in. This is what we do as Rotarians, always seeking opportunities on how to help the needy.

Yes, our help by way of relief goods will create an impact on the short term needs of the victims. However, we are looking more into the long term rehabilitation and sustainability. Thanks to the expertise and knowledge of our District Governor Elect Riz Reyes for looking more into the future of these grief-stricken communities. Our immediate short-term help is 100% very much appreciated. I am confident that our members are all in agreement that the future of these residents must be taken into consideration as well.

I therefore recommend that instead of celebrating a formal club Christmas party, let's all have an informal Holiday get-together instead and donate 2,000 pesos each to our long-term goal of truly making an impact on the future of these communities. Thanks to PDG Boy Reyes for that idea.



**BEST IN UNIFORM:**

- AREA 2D CLUBS

**HIGHEST SCORE MALE:**

- PP IAN ANCHETA, RC STA ANA, 211

**HIGHEST SCORE FEMALE:**

- PRES. MALYN DEL MUNDO, RC DIGOS, 178

**HIGHEST SCORE MALE - DOUBLE**

- PP IAN ANCHETA, RC STA ANA, 388

**HIGHEST SCORE FEMALE - DOUBLE**

- PRES. MALYN DEL MUNDO, RC DIGOS, 320

**MASTER'S CUP:**

**CHAMPION**

PP RENE DALAYON, DAVAO

**1<sup>ST</sup> RUNNER UP**

PP ART GALENDEZ, STA ANA

**2<sup>ND</sup> RUNNER UP**

DIR. MANUEL NIERRA, EAST DAVAO

**PRESIDENT'S CUP:**

CHAMPION, RC NORTH DAVAO

1<sup>ST</sup> RUNNER UP, RC DIGOS

2<sup>ND</sup> RUNNER UP, RC SOUTH DAVAO

**GOVERNOR'S CUP :**

CHAMPION, RC STA ANA DAVAO

1<sup>ST</sup> RUNNER UP, RC EAST DAVAO

2<sup>ND</sup> RUNNER UP, RC DOWNTOWN DAVAO





# Infopage

**SEC. DARWIN T. SANTOS**

Club Secretary, RY 2019-2020



## ATTENDANCE REPORT

### Our Attendance for October 15, 2019

Present	35
Make Up	10
Absent	11
Percentage	80



### NOVEMBER Celebrants

- Nov. 5 Spouse Marnie Ng
- Nov. 11 PP Ed Sancho
- Nov. 12 PP Anton Banzali
- Nov. 21 Spouse Yan Yan Sy
- Nov. 28 Rtn. Alvin Pinpin

### Wedding Anniversaries

- Nov. 10 Rtn. Lindy Carrillo & Spouse Vivian
- Nov. 28 Dir. Sol Hayag & Spouse Flor

## Upcoming EVENTS

- Nov. 12. ENGR. MARIVIC L. REYES (For confirmation)  
Officer-In-Charge, CENRO  
Topic: Updates on Davao City Waste Management
- Nov. 15 Turnover of Feeding Funds to 6 adopted Public School Feeding Center Assembly at JP Rizal Elem. School along Sales St., At 9:00 AM, Wear your RED Bowling Shirt
- Nov. 15 **GOVERNOR'S NIGHT**  
The Pinnacle Hotel and Suite, Sta Ana Ave.  
Come in Mardi Gras Attire, 6:00p.m.
- Nov. 19 MR. ALFREDO D. BALORAN (For confirmation)  
OIC, Davao City Local Disaster Risk Reduction and Management Office
- Nov. 26 **ANNUAL CLUB ELECTIONS**
- Nov. 29 - Dec. 1 **ROTARY MANILA INSTITUTE 2019**  
Resorts World Manila, Pasay City
- Dec. 3 **54<sup>th</sup> CHARTER DAY ANNIVERSARY**  
Kalaw Room, Waterfront Insular Hotel

<b>M E E T I N G S A R O U N D T H E C I T Y</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	<b>Calinan Davao</b> 6:30p.m. Calinan Hwy cor de Leon St.	<b>East Davao</b> 12:00Noon Marco Polo Hotel	<b>Downtown Davao</b> 12:00 noon Grand Menseng Hotel	<b>Sta. Ana Davao</b> 6:00 p.m. Grand Menseng Hotel	<b>Davao</b> 12:00Noon Royal Mandaya Hotel	<b>North Davao</b> 6:00 p.m. Clubhouse Torres St.
	<b>Central Davao</b> 6:30p.m. Grand Menseng Hotel	<b>Matina</b> 12:30p.m. Lispher Inn	<b>South Davao</b> 12:00noon Marco Polo Hotel	<b>South Digos</b> 7:00p.m. Avenue One Hotel Roxas Ext.	<b>Tagum</b> 11:30a.m. Papa Juhn's Pizza Rizal St.	<b>West Davao</b> 6:30p.m. Marco Polo Hotel
		<b>Tagum North</b> 7:00p.m. Miko's Brew Apokon	<b>Central Panabo</b> 6:00 p.m. Clubhouse, New Pandan	<b>Digos</b> 7:00p.m. A&B Hotel	<b>Waling Waling Davao</b> 12:30p.m. Grand Menseng Hotel	<b>SATURDAY</b>
			<b>Davao 2000</b> 6:00p.m., Happy Home Café, Torres St.	<b>Tagum Golden Laces</b> 6:00p.m., Miko's Brew Apokon		<b>Toril</b> 7:00 p.m. Clubhouse Mcleod St.,
			<b>Pag-Asa Davao</b> 6:30p.m., Lispher Inn			



**ROTARY WORLD**  
**PDG HONESTO A. CABARROGUIS**  
 Past District Governor, RI District 3860, RY 1983-84

## WHAT IS POLIO?

The Disease

Poliomyelitis is a highly infectious disease that most commonly affects children under the age of 5.

Most know it as poliovirus. The virus is spread person to person, typically through contaminated water. It can attack the nervous system, and in some instances, lead to paralysis. Although there is no cure, there is a safe and effective vaccine – one which Rotary and our partners use to immunize over 2.5 billion children worldwide. involve a different audience from the institute.

## THE FACTS ABOUT POLIO

**1**

Polio mainly affects children under age of 5

**2**

There is no cure, but polio is preventable with a vaccine.

**3**

Only three countries remain endemic.

**4**

We've reduced cases by 99.9% since 1988.

**5**

Until we end polio forever, every child is at risk.

Rotary District 3860   ROTARY CONNECTS THE WORLD

**ONE ROTARY, ONE DISTRICT**  
**WORLD POLIO DAY**  
 One Day, One Focus: Ending Polio

Rotary  

Rotary Area 2   ROTARY CONNECTS THE WORLD

**SABAYANG PATAK KONTRA POLIO**

**END POLIO NOW**

May outbreak ng POLIO sa Pilipinas. Mapanganib ito sa lahat ng mga bata.

**Pabakunahan ang lahat ng batang wala pang limang taong gulang laban sa polio, nabakunahan man o hindi pa. Libre, ligtas at epektibo ito.**

OCTOBER 14-27 2019 : NATIONAL CAPITAL REGION (NCR), LANAO DEL SUR, MARAWI CITY, DAVAO CITY, DAVAO DEL SUR  
 NOV 25 - DEC 7, 2019 : NCR, ALL MINDANAO  
 JAN 6 - 17, 2020 : ALL MINDANAO

\* Sa mga lugar na di nabanggit, kumpletuhin ang bakuna ng bata ayon sa immunization schedule.

**Abangan ang pagbabakuna laban sa polio sa inyong lugar.**



POINT OF VIEW

**DIR. RAPHAEL E. APOLINARIO VI**  
*Editor in Chief, RED Chronicle*



## THE MARBLE STATUE

In the middle of a beautiful city, there was a museum laid with beautiful marble tiles and with a huge marble statue as a part of the display. Many people from all over the world visited the museum every day and admired the beautifully crafted statue. One night, the marble tiles started talking to the marble statue.

Marble Tiles: Hey statue, Don't you think that it is just not fair that everybody from all over the world come all the way here to admire you while ignoring and stepping on me.

Marble Statue: My dear brother, marble tile, Don't you remember we are actually from the same cave.

Marble Tile: Yes! I do, that is why i feel it is even more unfair. Both of us were born from the same cave and yet the world treats us so differently

now. This is so unfair!

Marble Statue: Yes you are right my brother. But, do you still remember the day when the sculptor tried to work on you but you resisted his tools.

Marble Tiles: Yes, I despise that guy. How could he use those nasty tools on me.

Marble Statue: Well, Since you resisted his tools he couldn't work on you. When he decided to give up on you, he started working on me instead. I knew at once that i would be something different and unique after his efforts. I bore all the painful tools he used on me and allowed him craft me as he wanted!

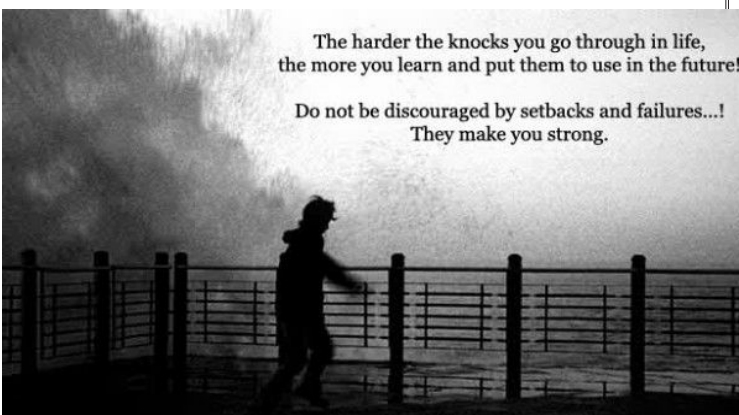
Marble Tiles: But those tools were so painful.

Marble Statue: My brother, there is a price for everything in life. Since, you decided to resist and gave up half way, you can't blame anybody who steps on you now.!

The marble tiles silently listened to his brothers words. and started to reflect on it.

**Here is a "take":** *The harder the knocks you go through in life, the more you learn and put them to use in the future! Do not be discouraged by setbacks and failures! Keep trying to be better.*

Connect the World by living " Service above self."



# Bits & Pieces

## 6 EFFECTIVE WAYS TO STRENGTHEN YOUR HIPS...

Most of us don't give much thought to our hips—until we fall and break one. Unfortunately, the likelihood of a hip fracture goes up as we get older and our bones become more frail—especially in women. In fact, according to the National Osteoporosis Foundation, half of all women aged 50 and up will break a bone due to osteoporosis. And of the nearly 300,000 hip fracture patients annually, one-quarter end up in nursing homes and half will not regain full function.

Keeping your hips healthy and strong involves building bone and strengthening the muscles that support the hips. Here's what you can do to preserve your hip health:

### 1. Exercise regularly

Do weight-bearing exercises such as walking, dancing, and hiking, which stimulate bone formation. Aim for 30 minutes most days of the week. Consider doing resistance training or aquatic weight bearing exercises like water aerobics. One study found both are effective at preventing bone loss after menopause, including bone in the hips. "Exercises that maintain and improve balance are also good to lower your risk for falling,"

### 2. Eat a diet rich in calcium

Calcium is a mineral that's necessary for numerous body functions essential to good health. If you don't get enough, your body will take it from your bones. Women over 50 need 1,200 mg of calcium a day—the equivalent of about three 8-ounce glasses of milk a day, plus a cup of yogurt. Calcium-rich foods include low-fat dairy products such as milk, yogurt and cheese as well as fortified foods such as cereal, orange juice, and breakfast foods. Leafy greens also provide calcium, but in a form that

isn't as well absorbed as dairy foods, ... "You need to eat a lot more green leafy food than dairy to get as much calcium as one would get from dairy," she adds. But don't overdo it. Levels above 2,000 mg a day may cause problems, including kidney stones.

### 3. Get your vitamin D

To absorb calcium, your body needs vitamin D, a fat-soluble vitamin. Vitamin D can be found in foods such as fatty fish, and fortified dairy products, orange juice, and cereal. You can also get vitamin D by exposing your skin to the sun, though too much can cause skin cancer and premature wrinkles. Your best bet is to take a supplement of vitamin D3 to get the recommended 800 to 1,000 IUs per day. A 2014 Cochrane review of 53 studies found that vitamin D supplements that also contains calcium was especially effective at preventing fractures, including those of the hip.

But don't take more than 4,000 IUs a day. The risk of too much is high levels of calcium in the blood, hypercalcemia. "Prolonged hypercalcemia can lead to kidney and cardiovascular problems."

### 4. Don't smoke

Although the reasons are unclear, many studies have linked smoking cigarettes with bone

loss. One study found that carcinogens in cigarette smoke stimulate the production of osteoclasts, cells that break down bone. "It's also thought that smoking damages the quality of bone."

### 5. Practice habits that prevent falls

Always be aware of your surroundings and watch for hazards such as icy walkways, potholes and uneven sidewalks. Remove clutter and be careful around pets that can cause a fall. In general, moving slowly and cautiously can prevent falls

### 6. Know your bone density

If you're at risk for osteoporosis – small boned, thin, and of white or Asian descent – you should have a scan to measure your bone density, which reveals how strong (or weak) your bones are and your risk for a fracture. Other risks include a family history of osteoporosis, previous fractures, and being in menopause. If your score shows you have osteoporosis, talk to your doctor about treatment options. You may need medication to build bone

*Excerpts taken from Diet and Exercise (October 26, 2014)*





## Guest of Honor and Speaker

### MS. CHARLOTTE BUCOL PARBA

Head, Traffic Education, City Transport and Traffic Mgt. Office

#### WORK EXPERIENCE

CITY TRANSPORT AND TRAFFIC MANAGEMENT OFFICE  
 Oct 1, 2001 - PRESENT  
 City Government of Davao - LGU  
 Head, Traffic Education  
 Technical Working Group Member (City Transport and Traffic Management Board)  
 City Transport and Traffic Management Board (CTTMB) Secretariat  
 Executive Service Officer  
 Training Officer

MARCO POLO HOTEL PROMARK  
 Telemarketer / Front Desk  
 1999 - 2000

#### EDUCATION

ATENEO DE DAVAO UNIVERSITY  
 Jacinto St. - Davao City  
 Bachelor of Arts in Communication Arts /  
 1993 - 1999

ARRIESGADO COLLEGE FOUNDATION INC.  
 Tagum City  
 Bachelor of Science in Nursing  
 2007 - 2010

DAVAO CITY NATIONAL HIGH SCHOOL  
 F. Torres St., Davao City  
 Jun 1989 - Mar 1993

KABACAN ELEMENTARY SCHOOL  
 Candelaria St., Davao City  
 Jun 1987 - Mar 1989

#### PERSONAL INFO

Address: Megaville Ecoland, Agro Compound  
 Contact #: 0998 990 0160  
 Email Add: charlotte\_bucol@yahoo.com  
 Date of Birth: Oct. 10, 1977  
 Place of Birth: Davao City

#### FAMILY BACKGROUND

Spouse: Randell Lagaret Parba  
 Children: Brahm Cedric Parba





October 27,  
2019

2019 ROTARY  
DISTRICT 3860  
(AREA 2)  
ANNUAL  
BOWLING  
FELLOWSHIP  
October 13, 20  
& 27, 2019  
SM Bowling  
Center, SM  
Lanang  
Premiere  
Hosted by:  
Rotary Club of  
East Davao  
Culmination /  
Awarding  
Ceremonies  
with Special  
Guest DG Philip  
Tan...



October 27, 2019 PATAK-BO  
KONTRA POLIO 2019  
Fund Raising to End Polio  
Hosted by: RC Downtown Davao



I WANT  
TO END  
POLIO.  
JOIN ME.



## ROSTER OF MEMBERS



**Ajero, Antonio M.**  
Journalism  
Spouse:



**Alquiza, Apollo R.**  
Unibanking Services  
Spouse: Mila



**Angeles, Pedrito C.**  
Bank Receivership  
Spouse: Adelfa



**Apolinario, Raphael E.**  
Non-Life Insurance  
Spouse: Raquel



**Bangayan, Ruben A.**  
Appliance Distribution  
Spouse: Cathy



**Banzali, Anthony P.**  
Civil Law  
Spouse: Jam



**Bernas, Constancio**  
Lending Services  
Spouse: Anggie



**Cabarroguis, Honesto A.**  
Civil Law  
Spouse: Clara



**Cabrera, Dominador O.**  
AE-Medicine Gynecology  
Spouse: Rose



**Canes, Cheldone I.**  
General Merchandise Dist.  
Spouse: Lilian



**Capili, Patrick S.**  
Real Estate Development



**Carrillo, Dominador P.**  
Litigation Law  
Spouse: Vivian



**Cantil, Ariel L.**  
Engineering  
Spouse: April



**Deyto, Jude D.**  
Real Estate Leasing  
Spouse: Mimi



**Digal, Paul Peter R.**  
Architecture



**Dionisio, Valentino L.**  
Truck Dealership  
Spouse: Cris



**Evans, David Samuel**  
Chartered Quantity Surveyor  
Spouse: Elsa



**Escudero, Oscar M. Jr.**  
Medical - Urology  
Spouse: Sharon



**Fortich, Jesse A.**  
Equipment Leasing  
Spouse: Naty



**Go, Ronald C.**  
Car Rentals



**Gaerlan, Manuel R.**  
Military : Police Admin



**Hayag, Sol T.**  
Construction  
Spouse: Flor



**Kawashima, Hiroyuki**  
Medical Equipment Dist.  
Spouse: Gina



**Lavisores, Roland**  
Non-Life Insurance  
Spouse: Neneng



**Lim, Winston C.**  
Materials Handling Services  
Spouse: Donna



**Luga, Rossano C.**  
Light and Power Dist.  
Spouse: Jojo



**Luy Tan, William**  
Agency: Non-Life Insurance  
Spouse: Esther



**Mabagos, Michael A.**  
Construction



**Miyake, Ichido**  
Computer IT Consultancy  
Spouse: Princess



**Miyake, Hikaru S.**  
Vegetable Export



**Nierra, Manuel R.**  
Equipment Part and Services  
Spouse: Metah



**Ng, Dexter L.**  
Gov't. Svc. Taxation  
Spouse: Marnie



**Orteza, Alvin B.**  
Meat Processing  
Spouse: Enday



**Paras, Vito Oscar P.**  
Mat'l. Handling Equipment  
Spouse: Rita



**Pinpin, Alvin M.**  
Accounting Services  
Spouse: Sandra



**Reta, Karl Michael G.**  
Estate Administration  
Spouse: Pinky

## ROSTER OF MEMBERS



**Dizon, Philip S.**  
Farming, Estate Devt.  
& Energy Generation



**Real, Francis Rene L.**  
Universal Banking  
Spouse: N dang



**Reyes, Reynaldo I.**  
Rural Banking  
Spouse: Alice



**Reyes, Rodel Riezl S.j.**  
Heavy Equipment Leasing  
Spouse: Anne



**Sabino, Jaime S.**  
Life & Non-Life Insurance  
Spouse: Carmen



**Santos, Francisco C.**  
Architect Planning  
Spouse: Nen



**Santos, Darwin T.**  
Engineering Construction



**Sancho, Edgardo R.**  
Real Estate Leasing  
Spouse: Flor



**Sojor, Virgilio S.**  
Banana Growing  
Spouse: Lodi



**Sumikawa, Takeyoshi**  
Marine Eng'g. Consultancy  
Spouse: Yukiko



**Sy, Kenneth L.**  
Office Equipment Dist.  
Spouse: Yan Yan



**Sy, Clarence Mitchel H.**  
Rural Banking



**Pelayo, Frederick A.**  
Beverage Distribution  
Spouse: Imelda



**Taganas, Richard B.**  
Dentistry



**Tan, Prudencio C., Jr.**  
Structural Engineering  
Spouse: Bodeth



**Toh, Brian U.**  
Industrial Gases Dist.  
Spouse: Mimi



**Villamor, Jesito V.**  
Life Insurance Mgt.  
Spouse: Cris



**Villano, Herminio A.**  
Hospital Administration  
Spouse: Auring



**Yelinek, Fred**  
Housing Construction  
Spouse: Lily



**Yuste, Paul John C.**  
Tire and Batteries Dist.  
Spouse: Dolly



**Zantua, Leo Edwin C.**  
Non-Life Insurance  
Spouse: Nadeth

## HONORARY MEMBERS



**Rtn. Estrellita E. De Jesus**



**Rtn. Marilyn A. Hilario**



**PP Atsushi Sasaki**  
RC Wakayanagi, Japan



**PP Kohachi Oikawa**  
RC Ishinomaki South, Japan



**PP Koukichi Onodera**  
RC Wakayanagi, Japan



**PP Hideyuki Hasebe**  
RC Ishinomaki South, Japan



**Hon. Yoshiaki Miawa**  
Consul General of Japanese  
Consulate Office in Davao City



**PP Arthur Malatag**

# The Rotary Foundation



## MAJOR DONORS LEVEL 1

PDG Reynaldo I. Reyes & Spouse Alice  
 PDG Raoul E. Hilario & Spouse Marilyn  
 PDG Herminio A. Villano & Spouse Aurora  
 PP Hikaru S. Miyake & Spouse Juliet  
 PP Rodel Riezl S. Reyes & Spouse Anne Marie  
 Rtn. David Samuel Evans  
 PP Paul John C. Yuste & Spouse Dolly Grace  
 PP Eufrazio A. De Jesus & Rtn. Estrellita

## PAUL HARRIS FELLOW - NON ACTIVE

Hon. Pres. Rodrigo R. Duterte  
 Hon. Member Arthur O. Malatag  
 Hon. Member PP Atsushi Sasaki  
 Hon. Member Kohachi Oikawa  
 Rtn. Alfredo V. Abundo  
 PP Roque I. Gahol  
 PP Asterio S. Uybocho  
 PP Roselo T. Toledo  
 PP Benigno Magpantay  
 PP Edgar V. Benedicto  
 PP Benjamin B. Panganiban  
 PP Guillermo L. Arendain  
 PP Bernard Z. Guirgen  
 PP Roman Solitaria  
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 PP Rizal D. Apotadera  
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 Rtn. Ramon Alvarez  
 Rtn. Arthur N. Ang  
 Rtn. Bayani S. Aquino  
 Rtn. Yoichi M. Amano  
 PP Efren A. Elbanbuena  
 Rtn. Renante B. Andres  
 Rtn. Neil W. Mckay  
 Rtn. Nestor C. Ledesma  
 Rtn. Sofronio M. Jucutan  
 Rtn. Joselito V. Cabrera  
 Rtn. Leo Tereso A. Magno  
 Rtn. Ronnel S. Paclibar  
 Rtn. Ian D'Arcy Walsh  
 Rtn. Vicente Toh  
 Rtn. Elindo D. Lo  
 Rtn. Paul Edward R. Butler  
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 Mr. Josue S. Tesado, Sr.  
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 Mr. Rodolfo B. Junsay  
 Mr. Edgar V. Saulon  
 Mr. Conrado Ocampina  
 Mr. Pio Castillo  
 Mr. Anthony George Stanbridge  
 Mr. Andrew Peter Toy

## MULTIPLE PAUL HARRIS FELLOWS - ACTIVE MEMBERS

PP Jesse A. Fortich, MPH +2  
 Rtn. Ruben A. Bangayan, MPH +2  
 PP Valentino L. Dionisio MPH +2  
 PP Alvin B. Orteza MPH +2  
 PP Virgilio S. Sojor, MPH +2  
 PDG Honesto A. Cabarroguis MPH +2  
 PP Apollo R. Alquiza MPH +1  
 PP Dominador O. Cabrera, MPH +1  
 PP Ronald C. Go, MPH +1  
 Rtn. Sol T. Hayag MPH +1  
 Rtn. William H. Luy Tan MPH +1  
 Dir. Manuel R. Nierra MPH +1

## PAUL HARRIS FELLOWS - ACTIVE MEMBERS

PP Fred Yelinek  
 PP Oscar M. Escudero, Jr.  
 PP Edgardo R. Sancho  
 PP Anthony P. Banzali  
 PP Antonio M. Ajero  
 PP Pedrito G. Angeles  
 PP Vito Oscar P. Paras  
 PP Leo Edwin C. Zantua  
 PP Rossano C. Luga  
 PP Prudencio C. Tan, Jr.  
 Dir. Raphael B. E. Apolinario VI  
 Dir. Hiroyuki Kawashima  
 Rtn. Manuel Gaerlan  
 Dir. Brian Toh  
 Sec. Darwin Santos  
 PN Cheldone I. Canes  
 Rtn. Alvin M. Pinpin  
 Rtn. Dominador Carrillo  
 Rtn. Roland C. Lavisores  
 Rtn. Takeyoshi Sumikawa  
 Rtn. Francisco C. Santos, Jr.  
 VP Jaime S. Sabino  
 Rtn. Constanancio C. Bernas  
 Rtn. Jesito V. Villamor  
 Rtn. Jude D. Deyto  
 Dir. Winston C. Lim  
 Pres. Patrick S. Capili  
 Rtn. Kenneth T. Sy

## MULTIPLE PAUL HARRIS FELLOW - NON ACTIVE

PDG Ramon A. Tirol - MPH +6  
 Hon. Member Veronica D. Tirol MPH +2  
 Rtn. Antonio Teh - MPH + 5  
 PP Amador C. Macatangay MPH + 2  
 Rtn. Cresencio E. Arrieta MPH +1  
 PP Leonardo Chee MPH + 1  
 Rtn. Reynaldo T. Fuentes MPH + 1  
 Rtn. Harold Thomas Kelleher MPH +1  
 PP Feliciano T. Salvador MPH + 1  
 PP Hector M. Maniquis MPH +1  
 Rtn. Efren D. Marquez MPH +1  
 Rtn. Danilo G. Bernardo MPH +1  
 PP Benjamin S. Geli MPH +1  
 Rtn. Eduardo P. Tan, Jr. MPH +1

## PAUL HARRIS FELLOW - FAMILY OF ROTARY

Maria Christina Reyes- Caguioa  
 Charles Reginald D. Reyes  
 Raymond D. Reyes  
 Raphael D. Reyes  
 Herminio C. Villano, Jr.  
 Consorcia SJ. Reyes  
 Roberto Elias L. Reyes  
 Spouse Elsa C. Echevarria  
 Kelly Grace G. Yuste  
 Pauline Grace G. Yuste  
 Arsenio Emmanuel E. De Jesus  
 Dominic Eligan E. De Jesus  
 Jo Ann Carol de Jesus-Africa  
 Johannah De Jesus  
 Spouse Catherine Y. Bangayan  
 Spouse Maria Cristina B. Dionisio  
 Ma. Crizabel B. Dionisio  
 Rino Ezekiel B. Dionisio  
 Spouse Natividad R. Fortich  
 Natasha R. Fortich  
 Roberto Julian R. Fortich  
 Spouse Clara Cabarroguis  
 Spouse Mila T. Alquiza  
 Spouse Rosa Cabrera  
 Spouse Alodia L. Sojor  
 Spouse Concepcion G. Arrieta  
 Spouse Flor B. Hayag  
 Spouse Esther Luy Tan  
 Spouse Bernadette A. Zantua  
 Spouse Angelina Bernas  
 Spouse Carmencita Nierra  
 Spouse Concepcion Orteza

